

Counselling Psychology

In the Counselling Psychology concentration, you'll expand both your theoretical knowledge and your practical skills in personal mental health and career-development counselling. The curriculum includes clinical training as well.

Completing the concentration allows you to join the Canadian Counselling and Psychotherapy Association, and, upon meeting certain criteria, the *Ordre des conseillers et conseillères en orientation du Québec*.



Degrees offered

- Master in Education (MEd)
- Master of Arts in Education (MA)

Career opportunities

- Community agencies
- Hospital settings
- Career counselling
- Employee assistance programs
- Private psychotherapy practice
- Youth services
- Substance-abuse programs
- Postsecondary counselling centres

Research fields

- Psychotherapy change processes
- Counselling supervision
- Bullying, victimization and aggressive behaviour
- Career choice and development
- Mindfulness, spirituality and positive psychology
- Counselling and social justice
- Adjustment to academic and life transitions
- Social neurosciences
- Health psychology
- Reflective processes in therapy and supervision
- Counsellor education
- Counselling in international settings



Faculty of Education

613-562-5804 | educplus@uottawa.ca

education.uOttawa.ca



uOttawa

Faculté d'éducation
Faculty of Education